

Lunch Menu



WEEK ONE – AUTUMN WINTER

(Ve) vegan option



Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
Homemade Macaroni Cheese with Crispy Fried Onions	Homemade Beef & Vegetable Pastry Pie with Mashed Potato	Traditional Pork Sausage Toad in the Hole & Onion Gravy with Thyme Roasted Potatoes	Chicken & Lentil Balti with Rice	Sustainably Sourced Battered Fish & Chips
Smoky Mexican Five Bean Tart 	Butternut Squash & Cauliflower Curry with Rice (ve) 	Vegetable Jollof Rice with Kidney Beans 	Tex Mex Vegetable Quesadilla 	Cheese & Tomato Pizza & Chips
Tomato & Basil Penne Pasta Pot 	Green Pesto Penne Pasta 	Pasta Bolognese Snack Pot	Cheese Sauce & Penne Pasta Pot 	Jacket Potato with Beans
Jacket Potato with Cheese 	Jacket Potato with Cheese 	Jacket Potato with Beans 	Jacket Potato with Tuna Mayo	Pepperoni Pizza & Chips
Broccoli, Sweetcorn, Baked Beans, Coleslaw Salad, Mixed Salad 	Mixed Vegetables, Baked Beans, Mixed Salad 	Carrots & Cauliflower, Baked Beans, Mixed Salad 	Green Beans, Baked Beans, Mixed Salad 	Peas, Baked Beans, Mixed Salad
Hearty Apple Crumble (ve)	Golden Syrup Sponge (ve) with Custard	Homemade Jam Sponge (ve)	Marble Sponge Cake (ve) with Custard	Giant Chocolate Cookie (ve)

Portion(s) of fruit or veg



Source of Wholegrain



Contains plant-based proteins

















Lunch Menu



WEEK TWO – AUTUMN WINTER

(Ve) vegan option



	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
	Penne Pasta with Mushroom Carbonara	Chinese Style Chicken Meatballs & Rice 	Roast Gammon with Gravy and Thyme Roasted Potatoes	Spicy Chicken Jalfrezi with Rice 	Sustainably Sourced Battered Fish & Chips
	Homemade Plant-Based Cottage Pie 	Vegetable Chilli Con Carne & Rice 	Mediterranean Vegetable Lasagne 	Classic Pasta Primavera with Seasonal Vegetables (ve) 	Cheese & Tomato Pizza & Chips
	Jacket Potato with Beans	Penne Pasta with Roasted Vegetables	Jacket Potato with Tuna & mayo	Caribbean Jerk Chicken with Rice & Peas 	Jacket Potato with Beans
	Tomato & Basil Pasta Pot (ve)	Jacket Potato with Cheese 	American Style Loaded Cheese, Pepperoni & Jalapeno Tart	Jacket Potato with Selection of Toppings 	Pepperoni Pizza & Chips
	Peas, Baked Beans, Mixed Salad 	Green Beans, Sweetcorn, Baked Beans, Mixed Salad 	Carrots, Baked Beans, Mixed Salad 	Sweetcorn, Garden Peas, Baked Beans, Mixed Salad 	Peas, Baked Beans, Mixed Salad 
	Chocolate Shortbread (ve)	Banana Sponge (ve) & Custard	Lemon Drizzle Cake (ve)	Marble Sponge (ve) & Custard	Iced Vanilla Sponge (ve)

Portion(s) of fruit or veg



Source of Wholegrain



Contains plant-based proteins




















Lunch Menu



WEEK THREE – AUTUMN WINTER

(Ve) vegan option



	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
	Indian Spiced Butternut Squash, Aubergine & Chickpea Dhansak Curry & Rice (ve) 	Piri Piri Chicken & Sweetcorn Meatballs & Rice 	Beef & Root Vegetable Mince & Gravy, Yorkshire Pudding with Thyme Roasted Potatoes 	Sticky Hoi Sin Chicken with Edamame Beans & Rice 	Sustainably Sourced Battered Fish & Chips
	Smoky Spanish Style Vegetable Quesadilla & Cajun Wedges 	Italian Style Quorn Bolognese with Penne Pasta	Quorn & Root Vegetable Mince & Gravy, Yorkshire Pudding with Thyme Roasted Potatoes 	Vegetable Tikka Masala with mini naan bread & Rice 	Cheese & Tomato Pizza & Chips
	Green Pesto Penne Pasta Pot	Rainbow Pizza Slices 	Arrabiata Sauce & Penne Pasta Pot 	Jacket Potato With Tuna & Mayo	Jacket Potato With Beans
	Jacket Potato with Beans	Jacket Potato with Cheese 	Jacket Potato with Beans & Cheese 	Tomato & Basil Penne Pasta Pot 	Pepperoni Pizza & Chips
	Mixed Vegetables, Baked Beans, Mixed Salad 	Carrot & Swede, Green Beans, Baked Beans, Mixed Salad 	Carrots, Peas, Baked Beans, Mixed Salad 	Carrots, Cauliflower, Baked Beans, Mixed Salad 	Peas Baked Beans, Mixed Salad 
	Homemade Oaty Flapjack (ve)	Vanilla Sponge (ve) & Custard	Homemade Lemon Drizzle Cake (ve)	Chocolate Sponge (ve) & Chocolate Sauce	Giant Chocolate Cookie (ve)

Portion(s) of fruit or veg



Source of Wholegrain



Contains plant-based proteins

