Lunch Menu

WEEK ONE - AUTUMN WINTER

(Ve) vegan option



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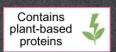






Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
Homemade Macaroni Cheese with Crispy Fried Onions	Homemade Beef & Vegetable Pastry Pie with Mashed Potato	Traditional Pork Sausage Toad in the Hole & Onion Gravy with Thyme Roasted	Chicken &Lentil Balti with Rice	Sustainably Sourced Battered Fish & Chips
Smoky Mexican Five Bean Tart	Butternut Squash & Cauliflower Curry with Rice (ve)	Potatoes Vegetable Jollof Rice with Kidney Beans	Tex Mex Vegetable Quesadilla	Cheese & Tomato Pizza & Chips
Tomato &Basil Penne Pasta Pot	Green Pesto Penne Pasta	Pasta Bolognese Snack Pot	Cheese Sauce & Penne Pasta Pot	Jacket Potato with Beans
Jacket Potato with Cheese	Jacket Potato with Cheese	Jacket Potato with Beans	Jacket Potato with Tuna Mayo	Pepperoni Pizza & Chips
Broccoli, Sweetcorn, Baked Beans, Coleslaw Salad, Mixed Salad	Mixed Vegetables, Baked Beans, Mixed Salad	Carrots & Cauliflower, Baked Beans, Mixed Salad	Green Beans, Baked Beans, Mixed Salad	Peas, Baked Beans, Mixed Salad
Hearty Apple Crumble (ve)	Golden Syrup Sponge (ve) with Custard	Homemade Jam Sponge (ve)	Marble Sponge Cake (ve) with Custard	Giant Chocolate Cookie (ve)





Lunch Menu



WEEK TWO – AUTUMN WINTER

(Ve) vegan option

	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
ST*R DISH	Penne Pasta with Mushroom Carbonara	Chinese Style Chicken Meatballs & Rice	Roast Gammon with Gravy and Thyme Roasted Potatoes	Spicy Chicken Jalfrezi with Rice	Sustainably Sourced Battered Fish & Chips
MEAT	Homemade Plant-Based Cottage Pie	Vegetable Chilli Con Carne & Rice	Mediterranean Vegetable Lasagne	Classic Pasta Primavera with Seasonal Vegetables (ve)	Cheese & Tomato Pizza & Chips
ĞRAB & GO-	Jacket Potato with Beans	Penne Pasta with Roasted Vegetables	Jacket Potato with Tuna & mayo	Caribbean Jerk Chicken with Rice & Peas	Jacket Potato with Beans
ĞRAB & GO+	Tomato & Basil Pasta Pot (ve)	Jacket Potato with Cheese	American Style Loaded Cheese, Pepperoni & Jalapeno Tart	Jacket Potato with Selection of Toppings	Pepperoni Pizza & Chips
	Peas, Baked Beans, Mixed Salad	Green Beans, Sweetcorn, Baked Beans, Mixed Salad	Carrots, Baked Beans, Mixed Salad	Sweetcorn, Garden Peas, Baked Beans, Mixed Salad	Peas, Baked Beans, Mixed Salad
H⊕T PUDS	Chocolate Shortbread (ve)	Banana Sponge (ve) & Custard	Lemon Drizzle Cake (ve)	Marble Sponge (ve) & Custard	Iced Vanilla Sponge (ve)







Lunch Menu



WEEK THREE - AUTUMN WINTER

(Ve) vegan option

	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
ST*R DISH	Indian Spiced Butternut Squash, Aubergine & Chickpea Dhansak Curry & Rice (ve)	Piri Piri Chicken & Sweetcorn Meatballs & Rice	Beef & Root Vegetable Mince & Gravy, Yorkshire Pudding with Thyme Roasted Potatoes	Sticky Hoi Sin Chicken with Edamame Beans & Rice	Sustainably Sourced Battered Fish & Chips
MEAT	Smoky Spanish Style Vegetable Quesadilla & Cajun Wedges	Italian Style Quorn Bolognese with Penne Pasta	Quorn & Root Vegetable Mince & Gravy, Yorkshire Pudding with Thyme Roasted Potatoes	Vegetable Tikka Masala with mini naan bread & Rice	Cheese & Tomato Pizza & Chips
ĞRAB & GO+	Green Pesto Penne Pasta Pot	Rainbow Pizza Slices	Arrabiata Sauce & Penne Pasta Pot	Jacket Potato With Tuna & Mayo	Jacket Potato With Beans
ĞRAB & GO+	Jacket Potato with Beans	Jacket Potato with Cheese	Jacket Potato with Beans & Cheese	Tomato & Basil Penne Pasta Pot	Pepperoni Pizza & Chips
	Mixed Vegetables, Baked Beans, Mixed Salad	Carrot & Swede, Green Beans, Baked Beans, Mixed Salad	Carrots, Peas, Baked Beans, Mixed Salad	Carrots, Cauliflower, Baked Beans, Mixed Salad	Peas Baked Beans, Mixed Salad
H∰T PUDS	Homemade Oaty Flapjack (ve)	Vanilla Sponge (ve) & Custard	Homemade Lemon Drizzle Cake (ve)	Chocolate Sponge (ve) & Chocolate Sauce	Giant Chocolate Cookie (ve)





